

RULES

General

- 1 Age to be taken from 1st January of the current year.
- 2 Adjudicators decision is final.
- 3 Committee members only may approach adjudicators.
- 4 Any protest against breach of rules must be made in writing to the feis organiser within one hour of conclusion of a competition, with a fee of £10.00. Should the objection be upheld the fee will be refunded.
- 5 Entries will only be accepted from schools registered with An Coimisiun.
- 6 Lodgement of entries at a feis implies that you accept the rules relating to the feis in their entirety as laid down by the An Coimisiun le Rinci Gaelacha & Midland Regional Council.
- 7 Any form of Artificial Carriage Aids are strictly forbidden except for medical reasons.
- 8 Any form of unauthorised photography which has the capability to capture a dancers image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, cine recorder or commercial film with or without flash enhancement is expressly forbidden in competition
- 9 Make-up is not be permitted for any dancer in the first two grades up to and including the under 12 age group.
- 10 A solo competition cannot be held with only 1 competitor
- 11 **Costume rule** - Competitors in all age groups, up to but excluding Meangrad (Intermediate) **must only** wear traditional class costume or long/short blouses/polo tops and skirts/tunics, bodysuits/leotards, which conform to the regular costume length as per An Coimisiun rules.

Grades:

- 12 Novice & Primary Grades are open to ALL areas
- 13 In Novice Grades only basic steps are to be performed i.e. no intricate movements, clicks, rocks, twists, etc.,.
- 14 Competitors must dance in their own age group for solo competitions except where there is no provision for that dance in that age group.
- 15 No competitor may compete twice in the same competition.
- 16 **Change to all Novice and Primary grades results** – starting April 2011 grade progression will be as follows -
5 or less competitors – no dancer moves up to the next grade in that dance
6 – 10 competitors – 1 dancer moves up to the next grade in that dance
11 – 20 competitors – 2 dancers move up to the next grade in that dance
21 and over competitors – 3 dancers move up to the next grade in that dance
This includes all trophy competitions
- 17 In a trophy competition a dancer must have performed their choice of dance in the solo competition.
- 18 A **Novice** dancer is one who has not progressed out of novice grade for that particular dance in **any age group**.
This includes Trophy Competitions – see rule 16.
- 19 A **Primary** dancer is one who has not progressed out of Primary grade for that particular dance in his/her present age group.
This includes Trophy Competitions – see rule 16.
- 20 An **Intermediate** dancer is one who has not won first place for that particular dance in his/her present age group
This includes Trophy Competitions..

Figure:

- 21 In Figure and Ceili competitions - rules regarding age and re-dancing as laid out by An Coimisiun apply.
- 22 In Ceili 8 Hand competitions any 8 Hand may be performed in accordance with Ar Rince Foirme.
- 23 Figure Championship in the U7's year group may be a 6 hand dance, 8 hand Ceili or Figure Dance of 6 or more
- 24 Mixed and Unmixed Ceili – Rules as laid out by An Coimisiun apply to the Minor, Junior and Senior Ceili competitions - A mixed team must consist of 4 boys and 4 girls.

Championships and Premier competitions:

- 25 Competitors can only dance in either Preliminary or Open Championship; they may not compete in both. Intermediate competitors can dance their grade dances and either the Preliminary or Open Championship.
- 26 PRELIMINARY CHAMPIONSHIP RULE -To compete in a Preliminary Championship a competitor cannot have been placed 1st, 2nd or 3rd in an Open championship or 1st in a Preliminary Championship in this current year
- 27 Championship/Premier Competitions - Only Intermediate and Open dancers are eligible to compete (except under 6 and 7 – see below).
- 28 Under 6s & under 7s Championships/Premier must dance Reel & Light Jig. A recall is at the discretion of the feis organisers. All grades are allowed to compete but must have performed these dances on the day of the feis.
- 29 Under 8s and Under 9s must dance Reel and Heavy Jig. A recall is at the discretion of the feis organisers. To be eligible to compete, dancers must perform 2 dances in the solo rounds on the day of the feis.
- 30 Under 10 and up. All dancers should be given a choice of Reel or Slip Jig and Jig or Hornpipe and recall set dance. Subsidiary solos may be run at the discretion of the feis organisers.
- 31 If a minimum number is stated for a championship to be held, then this must be consistent for both mixed and unmixed championships. E.g. if you decide on a minimum number of 5 in order to run a separate boys championship then this must be consistent with the number required to run any championship. This may well be prevalent in the younger age groups where numbers can be low. For example if you have this rule on your syllabus and you only have 4 entries for Under 6 – you should not run the championship. This is in accordance with the sex discrimination act

